

H1N1 Information for Students
Update # 2
E-mailed: September 29, 2009

To All Students:

In a previous email you were informed that students who present medical documentation to JTCC faculty indicating they have been absent due to the flu will not be dropped from their classes for excessive absences. However, students **will not** be required to provide medical documentation to validate their illnesses as doctor's offices and medical facilities may be extremely busy and may not be able to provide such documentation in a timely manner. If you are absent due to flu please contact your instructors immediately to inform them of such.

To help JTCC maintain accurate data regarding H1N1 (swine flu), we are asking all students to please notify the Office of the Dean of Students at cpfautz@jtcc.edu when confirmed cases of H1N1 exist. We will not release any personal information to third parties.

JTCC students are encouraged to do the following:

- If you have flu-like symptoms of fever, cough, sore throat, headache, chills, fatigue and body aches, stay home from work and school and limit contact with others to keep from spreading the virus.
- Cover your nose and mouth when coughing or sneezing, and throw the tissue in the trash.
- Wash your hands often with soap and water, especially after coughing or sneezing. The use of alcohol-based hand cleaners also is effective.
- Limit close contact with sick people.
- Prevent the spread of germs by not touching your eyes, nose or mouth.
- Call your health-care provider if you have questions or concerns.

The college administration continues to monitor this situation. Over the course of the weeks to come, you will be provided with additional updates and guidance.

I hope you are enjoying a great semester!

Chris Pfautz
Dean of Student Services
John Tyler Community College
804.594.1566 (Midlothian)
804.706.5208 (Chester)